BYE-LAWS & POWERS OF THE COUNCIL

ARTICLE-I 1.0 Framing of bylaws

The Executive Council shall have power to frame bylaws & place them before the Annual General Body of the society for ratification & subsequent approval by the NAB (subject to Article 17.0 of the Rules & Regulation of the Society) & to amend such bylaws (subject to article 20.0 of the rules & regulation of the society).

ARTICLE-II 2.0 Subscriptions

2.1 Membership Fee\Enrolment fee & Annual\life subscription: The Executive Council shall decide the amount of annual\life subscription from time to time. Members will be enrolled only on payment of prescribed subscriptions.

ARTICLE-III 3.0 Office Bearers of the Society

- 3.1 The executive council shall consist of 12 members who will elect\choose the following. 5 office bearers from amongst themselves (as per clause 16.1 of Rules & Regulation of the Society)
 - 1. President
 - 2. Vice President
 - 3. Secretary General
 - 4. Treasurer
 - 5. Editor

ARTICLE-IV 4.0 Duties, Powers & Terms of Officio-Bearers



4.1 The President

- a) The president shall be the chief executive of the society.
- b) The president shall hold office for two year & shall not be eligible for re-election for any two consecutive terms, or for more than a total or two terms in his lifetime.
- c) He shall be the chairman of all the general body, extra ordinary & executive council meetings & when appointed, of any other committee.
- d) He shall have a casting vote in case of equality of votes in addition to his own ordinary vote.
- e) He shall regulate the proceedings of this meetings & conferences & interpret rules & the regulation & decided doubtful points at issue.
- f) He shall preserve the order & shall decide on all points of order at or in connection with the meeting. There shall be no discussion on any point of order on any point of order & the decision of the president shall be final.
- g) He shall be ex-officio member of Sub-committee & the NAB
- h) He shall be consulted on an important matter concerning the affairs of the society.
- i) He shall be the leader of any delegation of which he is a member.

4.2 The Vice President

- a) The Vice President, (who shall also be president for the succeeding two years)
- b) He shall preside at all meetings in the absence of the president & shall have all the powers of the President on the occasion.

4.3 The Honorary Secretary General

- a) He shall hold office for two years & shall be eligible for re-election at the end of this period.
- b) Shall be in charge of the office of the society.
- c) Shall, ordinarily, conduct all correspondences.
- d) Shall have general supervision of accounts & pass all bills for payment.
- e) Shall get prepared by the Honorary Treasurer a fully audited annual statement of accounts for presentation at the Annual General Meeting of the Society.
- f) Shall organize, arrange & convene meetings, conferences, lecturers, demonstrations or other proceedings etc.
- g) Shall attend meetings of the society & keep proceedings thereof.
- h) Shall be ex-officio member of all sub- committees & the NAB.
- i) Shall organize the society by encouraging the establishment of state & local branches where they do not exist (one such a decision to have state & local branches is taken by the council & approved by the NAB) & by meeting a general interest in the society.
- j) Shall bring any matter, which the considers necessary in the interest of the society, to the notice of the executive council for guidance & decision.
- k) When retiring shall hand over the properties, books etc. to the newly elected secretary general within three weeks after the election.



4.4 The Honorary Treasurer

- a) Shall hold the office for two years & shall be eligible for re-election at the end of this period.
- b) Shall be responsible for collection of subscription & donations from members & well- wishers of the society, & maintain index cards showing up-to date subscription position.
- c) Shall signs the receipts & prepare statement of receipt & expenditure of the society duly audited by an auditor by the annual general body of the society each year & shall present the same & the balance sheet at the annual general meeting.
- d) Shall have power to make payments not exceeding Rs. 5000\- without consent of the secretary general or the president.
- e) Shall open an account with a nationalized or scheduled bank approved by the council & shall have the authority to operate this account for the expense of the society.
- f) Shall submit to the returning office & election officer an up-to-date statement of dues from the fellow member.
- g) When returning shall hand over cash, account books & other papers & documents connected with works of the treasurer of the newly elected treasurer within three weeks after the election.

4.5 The Honorary Editor

- a) Shall hold the office for two years & shall be eligible for re-election at the end of this period.
- b) The editor shall be the responsible for publication of the journal of the society to be known as Society for Bipolar Disorders-India or by any other appropriate name.
- c) He shall be the chairman of the editorial board & the journal committee. Members of the editorial board shall be elected by the council in consultation with the editor & their number shall not be exceed 11. The journal committee shall be a subcommittee under the council & the editor like the chairman of any other subcommittee shall have the power to co-opt members of the committee.
- d) He shall present his annual report at the Annual general meeting of the society.
- e) He shall submit an audited statement of accounts to the treasurer before 30 September every year.

ARTICLE-V

5.0 Term of Office of the Executive Council Members-define the item members?



- **5.1** Executive Council shall be constituted as per provision of article 16.0 of the rules & regulations of the Society.
- 5.2.1 It shall be a continuous body consisting of 12 members. Of these 12 members of the executive council 7 members shall be elected by the general body of fellow members from amongst the eligible fellow members of the society; & the NAB from amongst the eligible fellow members of the society shall nominate the remaining 5.
- 5.3 The 7 elected members as well as the 5 nominated members of the executive council shall also have tenure of 2 (two) years i.e, elections for the 7 elected members will be held once in two years & the NAB shall nominate 5 members to the executive council once every two years. However, in order to ensure continuity & efficient functioning of the executive council & the society, the first set of 5 nominated members would have tenure in office for 3 years. (This would ensure that after the first constitution of the executive council, the elected position fall vacant in the 2nd, 4th, 6th, 8th,, years, & the nominated positions in the 3rd, 5th, 7th, 9th,years)

ARTICLE-VI

6.0 Election\Nomination of the Executive Council Members & Election of the Office Bearers

- 6.1 The president shall be the returning officer for all elections of the society. The Honorary Secretary General shall be the election officer for all elections. If for any reason the president is unable to serve as returning officer the vice president shall be the returning officer. If both the president & the vice president are unable to serve as returning officer the council shall appoint a returning officer. If for some reason the secretary general is unable to serve as the election officer then the council shall appoint an election officer.
- Not less than 120 days before the annual general meeting every year the secretary general shall address a communication to all the fellow members of the society residing in India under certificates of posting & to the fellow members residing overseas by air mail, informing them of the vacancies if any due to occur in the ensuing year & asking for nominations from the general body of fellow members for as many elected posts as may be falling vacant.
- Any fellow member of the society who has been continuously a fellow member for a minimum of three years* may be nominated for election to the executive council if his nomination is proposed by another fellow member provided the fellow nominated has expressed his consent in writing to be nominated for the election to the executive council.
- Also, not less than 120 days before the annual general meeting every year, the secretary general shall address a communication to all the NAB members informing



them about the nominated positions in the executive council that are falling vacant, if any, in the ensuring year & request for fresh nominations for the NAB.

- Nominations for the elected posts of the executive council shall be sent in sealed envelope on which the word "Nomination" shall be mentioned. All nominations shall reach the secretary general, by register post not less than 90 days before annual general meeting. The secretary general, by registered post not less than 90 days before annual general meeting. The secretary general shall not meeting. The secretary general shall not open the envelope containing the nominations. His own nomination, if any shall also reach him by registered post.
- 6.6 The envelope containing nominations as in 6.5 above shall be open only at the meeting of the council quorum for this meeting of the council shall have the power to scrutinize & reject invalid nominations, & appoint the returning officer, if necessary, as provided under section 6.1 one month's notice shall be given if any nominee wishes to withdraw from the contest. If no valid nominations are received for a post by the stipulated date the council at its annual meeting shall be competent to elect candidate for the said post.
- 6.7 Not less than 45 days before the annual general meeting the election officer shall send out a ballot paper & a circular to all fellows in a manner similar to that mentioned under section 6.2.1 intimating them the names of the eligible candidates together with a short bio-data not exceeding 10 lines of each of the candidates & instructions relating to procedure of casting of vote & return of the ballot paper which shall bear the signature of the election officer & the seal of the society. Canvassing by any candidate is prohibited & will make his nomination or election null & void.
- 6.8 The fellows may either cast their vote in person on the day of the next annual general meeting or by the post, if they so desire. If they choose to cast their vote by post their ballot papers in sealed cover indicating their choice clearly among the nominees for the vacant posts much reach the returning officer two full weeks before the dates of the next annual general meeting. If any fellow chooses to cast his vote in person, a duplicate ballot paper, shall be issued by the returning officer on the day of the annual general meeting during specified hours in beings satisfied that the original ballot paper, has not been receive by the returning officer & that the fellow has paid his subscription for the out going year. The voting may take place before the annual general meeting but the results shall be announced only at the annual general body meeting.
- 6.9 The returning officer shall have the power to appoint scrutinizer from among the fellows of the society to assist him in scrutinizing the ballot papers & counting of the votes. The sealed cover containing the result of election shall be opened at the annual general meeting.
- 6.10 Similarly whenever vacancies arise in the nominated positions of the executive council, the NAB in its annual meeting shall finalize the names of those it wishes to



- nominate & send them in a sealed envelope to the returning officer. This envelope would only be opened at the annual general meeting of the society.
- 6.11 The newly elected\nominated members of the executive council shall be referred to as members of the executive council elect nominated (as the case may be immediately after their election\nomination results are declared & till they assume formal office as members of the executive council at the oath taking ceremony held the hearing over meeting of the outgoing (retiring) executive council & the incoming (new) executive council.
- 6.12 Election of office bearer: the newly consulted executive council would assume office after the oath taking ceremony & meet as soon as possible thereafter on the same day to elect the office bearer from among themselves. At this meeting the president elect (vice president) would invite nominations for the various posts of office bearers that may be falling vacant that year. Any member of the executive council member (in which case the proposed member's consent would be essential) than an action would be held by a show of hands or closed ballot to elect the office bearers.
- 6.12.1 The person nominated for the post of vice president (president elect) must be a fellow of the society for at least 8* years & must have served at least one term as member of the council.
- 6.12.2 The person nominated for the post of secretary general must be a fellow of the society for at least 5 * years & preferably should have served at least one term as member of the council.
- 6.13 The newly elected office bearers shall assume office & the vice president (president elect) take over the office of the president at the valedictory function of the Annual Conference. If the Annual Conference or the Valedictory Function is not being held for some reason, then a special ceremony would be organized for this purpose before this close of business of the annual general meeting.
- * Note the NAB may relax these restrictions in the formative years of the society till the society becomes that old.

ARTICLE-VIII

- 7.0 Meeting of the Executive Council & National Advisory Board
- 7.1 The meetings of the Executive Council & the National Advisory Board shall be of the following kinds:
 - a) Ordinary Meeting: Of the Executive Council: Shall be held at least three times a year Of the National Advisory Board: At least twice a year



- **b)** Special Meetings: Which shall be held as often as necessary
- c) **Requisition Meetings:** which shall be called within 6 weeks from the date of receipt of a requisition signed by at least 2 members of the executive council or the National Advisory Board respectively stating the business for which the requisition meetings is required.
- d) **Extraordinary Meeting:** The secretary general with the permission of the president can requisition an extraordinary meeting of the executive council for which at least 10 days notice shall be circulated to all members of the council. In the case of the NAB, an extra-ordinary meeting may be held on the request of the chairperson or the secretary of the NAB, or on the request of the president, or that of the secretary general of the society.

7.2 Notice:

At least four week's notice specifying the place, date & time & the agenda of business to be translated at the ordinary or special meeting shall be given to each member.

7.3 Quorum:

- a) Quorum for ordinary & special meetings shall be four, including the office bearers, in case of executive council meetings; & eight in case of National Advisory Board meetings.
- **b)** Quorum for requisition meeting or an extraordinary meeting shall be seven in the case of executive council & ten in the case of a requisition meeting, at least three fourth of the requisitions must be present.

7.4 Procedure:

- a) Nothing except the business for which it is called shall be discussed at a requisition meeting.
- b) If within an hour from the appointed time a quorum is not present the meeting if convened on the requisition of member shall be dissolved. But in other cases shall adjourned to another time on the same day & if even the requisite quorum is not present it shall stand adjourned for the next day at the same time & at the same place as previously fix for the first meeting the members present, whatever their number may be, shall form the quorum & carry on the business.
- 7.3 The council or the NAB may meet for the transaction of business, adjourn & otherwise regulates its meeting & proceedings, as it thinks fit. A meeting of the council or the NAB at which a quorum is present shall be competent to exercise all or any of the functions of the council\NAB. The agenda for a council\NAB meeting shall be circulated to all of its member at least one month before the meeting. In case any member of the council\NAB is unable to be present he shall intimate to the secretary



general of the council or the secretary of the NAB as the case may be, his comments in writing on each subject in the agenda, which shall be read at the council\NAB shall be determined by majority of the votes. In addition to the votes of members present & voting, the written comments of the absentee members shall be considered as voting by proxy where applicable. In every case of equality of votes the president in case of the council & the chairperson in case of the NAB shall have & exercise a second or casting vote.

- 7.4 The general management of the society shall be vested in the executive council, which shall work in consultation with the NAB as per the provisions of the relevant clauses of the rules & regulations & the bylaws of the society. The decision of the council in all matter pertaining to the society shall be final subject to approval by the NAB wherever applicable (as per clause 17.2 of the rules & regulations of the society)
- 7.5 Every meeting of the council shall be presided over by its chairperson, in absence by the vice-president, & in the absence of both the president & the vice president, by a member chosen at the meeting to preside on the occasion.
- 7.6 Every meeting of the NAB shall be presided over by its chairperson, in whose absence a chairperson would be chosen for that meeting. In the absence of the secretary of the NAB (the secretary general of the society) any member of the NAB may be requested by the chair to function as the secretary.

ARTICLE-VIII 8.0 Calling the Annual General Meeting

- 8.1 The annual general body meeting shall usually be held during the annual conference of the society & the provisional date & venue shall be proposed & decided at the previous annual general body meeting.
- 8.2 Notice & agenda of the general body meeting & copies of the minutes of the proceeding of the last annual general body shall be sent by the secretary general to all members of the society at least 30 days before the meeting. Initial information about the venue (city or town) & provisional dates of the annual conference & the annual general meeting shall be given to all members by the secretary general in a circular at least 90 days before the annual general meeting.
- 8.3 Any member may on given 60 days notice or less if the matter is one or urgency submits any resolution to the general body meeting. The resolution to the general body meeting. The resolution shall be first consider by the council after which the secretary general shall put the resolution before the general body meeting for their consideration with the comments of the executive council if any.
- The general body meeting shall be presided over by the president in his absence by the vice president or a fellow elected at the meeting for the occasion.



- 8.5 The council shall have power to fix or change the date any venue of the annual conference at annual general meeting of the society under special circumstances with the consent of the NAB, or the state or local branch or member(s) who convened the conference or the organizing secretary of the conference.
- 8.6 Business to be transected- The business to be transected at the annual general meeting shall be taken up in the following order:
 - i) Condolence resolution, if any
 - ii) Confirmation of the minutes of the proceeding of the last annual general meeting & extra-ordinary general meting, if any.
 - iii) Reading & adoption of the secretary general's report.
 - iv) Reading & adoption of the treasurer's report, & a statement of audited accounts.
 - v) Reading & adoption of the editor's report.
 - vi) Election of office bearers & member of the executive council in place of retiring members.
 - vii) Appointment of auditor.
 - viii) Amendment of rules & bylaws, if any.
 - ix) Resolution from members.
 - x) Any other business with the permission of the chair.
- 8.7 The proceeding of the general body meeting shall be regulated according to the rules & bylaws of the society. Unless otherwise determined by the rules, every question submitted to the general body meeting shall be decided by show of hands in case of equality of votes the person presiding shall have & exercise a second of casting vote.
- 8.8 The minutes of proceedings of the general meeting shall be recorded in a book kept for the purpose & shall be signed by the president of the meeting.
- 8.9 **Quorum-** The quorum of the general body meeting shall be 10% of the fellows of the society in India. The annual general meeting shall be dissolved if a quorum is not present even after being adjourned for a period not exceeding half-an-hour & agenda item relating to election of members of the executive council & appointment of auditor as provided under relevant clauses of the bylaws but not taken up and\or considered at the annual general meeting for absence of executive council quorum shall be deemed to have been added to the agenda of the annual meeting of the executive council & shall be considered at a session to be held after the annual general meeting.

9.0 Extra- Ordinary General Body Meeting

- 9.1 An extra-ordinary general meeting may be called at time of the year on the requisition of the executive council or 20% of the fellows of the society.
 - a) Nothing except the business for which it is called shall be discussed at the meeting.



- b) At least ten days' notice of the meeting with the agenda shall be given to the members.
- c) The quorum for the meeting shall be 15% of the fellow member of the society.
- d) If within half an hour from the appointed time a quorum is not present at the meeting called on the requisition of the members it shall be dissolved, but in any other case, it will stand adjourned to the next day at the same time & at the same place as previously fixed, & at this meeting, the fellow member present, whatever be their number, shall form the quorum & carry out the business.

ARTICLE-X 10.0 Appointment of Auditors

- A competent Auditor, shall be appointed at the annual general meeting of the society every year for auditing the accounts of the society & whose duties shall be as fellows:
 - a) Shall audit the accounts at the end of the year & shall certify to their correctness.
 - b) Shall give suggestions for the keeping of accounts as required.

ARTICLE-XI

11.0 Salaries or Remuneration

- The secretaries general shall keep an imprest account not exceeding. Rs. 10,000/- & shall recoup the amount spent from the treasurer on production of vouchers. Expenditure exceeding Rs. 5000/- at a time, except on printing & postage, shall be incurred only with the permission of the council.
- The secretary general, the treasurer & the editor may keep clerks for the society's administrative work. The council shall decide the remuneration of such staff from time to time. Depending on availability of such personnel & the volume of work.

ARTICLE-XII 12.0 Funds of the Society

- 12.1 Income: The funds or income of the society shall be derived from the following sources:
 - a) Subscription, paid to the society by its members.
 - b) Donation & Voluntary contributions from the members & others, including the donation towards the corpus of the society.
 - c) The surplus amount accumulated in the hands of the organizing committee of the annual conference of the society, other conferences or symposium or activities of the society. The share of the society shall be 70% when the annual conference \ other conference or symposium or educational programme is held under the



- auspices of a state or local branch of the society. In any other case the share shall be 100%
- d) Advertisement in the journal or any other publications of the society.
- e) Proceeds from the sale of periodicals or books and such other property as may be required from time to time.
- f) Interest on savings bank, fixed deposit, other accounts or investments.
- g) Income from any investments made by the society.
- h) Income from any property held under trust (including business undertaking so held)
- i) Capital gain from transfer of any property held under trust.
- j) Contribution from govt. or local bodies.
- k) Any business carried out by the society in furtherance of its aims & objectives.
- 1) Income from any other business carried out by the society.
- Expenditure: The council shall out of the funds of the society, defray all expenses including rents; salaries, wages & such other charges as may be necessary for carrying on the work & business of the society.
- Borrowings: If approved by the council & the NAB, the society may borrow funds for the furtherance of its aim & objectives from banks or other financial institutions, but subject to all provisions of the societies registration Act,1860 under which the society is registered.

ARTICLE-XIII 13.0 Annual Conference

- The annual conference of the society known as the Nth Annual National Conference of the Society for Bipolar Disorders-India abbreviated as "SBDI" shall be organized every year, or as the general body may decided under the auspicious of the society at a suitable place & time to be decided at the Annual General Meeting of the society. Such conference shall usually be held before the 31st day of December of any year.
- 13.2 The Secretary General of the society shall be responsible for:
 - a) The Secretary General of the Annual Conference in consultation with the organizing committee, such dates must not vary from date fixed at the previous annual conferences by more than 4(four) weeks.
 - b) To make alternative arrangements, in case the organizing committee fails to give a firm commitment regarding the proposed dates for the conference by the 31st of may of that year or under any exceptional circumstances fails to organize the conferences.
 - c) To negotiate with members desirous of inviting the annual conference at different places in India & to keep 2-3 different always pending.
 - d) Informing all members of dates of the meeting.
 - e) Inviting delegates from the Psychiatric Association of foreign countries.



- f) Writing to all Governments at the centre (including DGHS & DGAFMS) & the states, as well as Non-Governmental, private or other similar agencies to permit if possible, member serving under them to attend the conference on temporary duty.
- Venue of the Annual Conference- A state or local branch, or any fellow, or group of fellows of the society shall have the privilege of inviting the annual conference of the society. Any other category of member including a corporate member shall not have the privilege of inviting or organizing the conference. The secretary general in one of his circular issued prior to the annual conference at a suitable place.
- The president of the society for the year shall be the president of the conference.

13.4 Organizing Committee of the Annual Conference.

- i) The local branch or fellow (s) inviting the conference shall form an organizing committee of the annual conference.
- ii) Office-bearers of the organizing committee shall be elected by the members of the organizing committee & shall consist of a chairman, & organizing secretary, a Treasurer & others as required.
- iii) The organizing committee shall determine the registration fee at the annual conference in consultation with the council.
- iv) The conference shall be open to the following:
 - a) All members of the Organizing Committee.
 - b) All members of the society.
 - c) Any other person authorized by the Organizing Committee to be present on the occasion.

v) The Organizing Committee shall be responsible for:

- a) Making arrangements for suitable accommodation & food for delegates (on payment).
- b) Arrangement for the plenary & scientific session.
- c) Printing of brochures & programme in consultation with the secretary general of the society.
- d) Arranging for a suitable dignitary (in consultation with the secretary general of the society) to inaugurate the plenary session.
- e) Arranging for social & culture functions & sight seeing.
- f) Raising funds for the conference through registration fees, grants, donations, advertisements etc.
- vi) The expenses of the conference shall be wholly hold by the Organizing Committee & the society shall not be responsible for any loss of account of



holding the conference. The council shall render every possible assistance to the Organizing Committee of the conference. The council may sanction an appropriate advance not exceeding Rs. 10,000\- for making the preliminary arrangement in connection with the annual conference. This amount will be placed at the disposal of the Organizing Secretary of the conference or the Secretary General of the society & only be spent this purpose. The funds of the society will be reimbursed, as far as possible from the registration fee paid by the members at the time of the annual conference & any balance left from the funs raised by the local members.

- vii) All members attending the conference shall pay a registration fee to the Organizing Committee, except members of the Organizing Committee & the President & Secretary General of the society if the Organizing Committee so decides.
 - i) Prominent public men who are specially invited by the Organizing Committee to attend the conference without payment of any fees.
 - ii) Medical persons & men & persons eligible for at least associate membership of the society who wish to take part in scientific session only as special visitors on payment of a fee to be the organizing committee

13.7 Accompanying Persons:

Persons accompanying person on the payment of a pre-determined registration fee. An accompanying person' programme may be drawn up for the benefit of registered accompanying persons.

13.8 Programme of the Conference: The programme of the conference must include:

- a) *Inaugural Session*: Should include the addresses to be delivered by the chairman of the Organizing Committee, the president of the society, the Vice President of the society, remarks/report by the Secretary General of the society, the chief Guest's address, release of the souvenir etc. & votes of thanks by Organizing Secretary & any other item decided by the Organizing Committee with prior approval from the council.
- b) *Scientific Session(s)*: Have to be planned & conducted by the Scientific Committee in the best & the highest scientific tradition. This would be open to all Members & Visitors.
- c) Annual General Meeting of the Society: Open to all members of the society.
- d) Medical & scientific Exhibition: Organized by the Organizing Committee.
- e) Culture Programme: Organized by the Organizing Committee

ARTICLE-XIV 14.0 Scientific Papers & Session

- 14.1 There shall be a standing 'Scientific Committee' of the society to hold scientific meeting, symposia, workshop, continuing medical education programmes, & to further the scientific objectives of the society.
- This Scientific Committee shall consist of three the President of the society as its chairman, the editor, & the Secretary General, with power to co-opt members & delegate its function to co-opted member (s). The co-opted member(s) would have tenure for two years & would be fellows of the society who have made significant contribution of scientific merit to research, academics or the advancement of knowledge.
- The scientific committee shall chose topics, themes, & subjects for the scientific activities including those at the Annual Conference, scrutinize scientific papers to be read\ presented, select & invite speakers or experts to such meetings conferences & ley down the general guidelines & orientation of the sessions.
 - a) Only those papers, which are read or are to be read at a scientific session of an annual conference, would be printed in the Society's Journals Papers presented at other scientific proceedings of the Society may be published, if feasible, in the Journal, or as a monograph, or as proceeding of the meeting.
 - b) For publication of any paper presented at the conference, a copy of the same written in the manner prescribed by the Journal Committee & notified in the journal under the heading Instruction to Contributors shall have to be submitted to the Editor.
 - c) For all other proposed publications the Scientific Committee may lay down appropriate guidelines
 - d) If the acceptance or refusal for publication of a paper is not conveyed to the author within six months of its being sent to the Editor of the Society for Bipolar Disorders-India or if it is not published within 18 months of its submission or perseveration at the Annual Conference of the Society for Bipolar Disorders-India, the author will be free to publish it elsewhere after informing the Editor of the Society for Bipolar Disorders-India